



OUR PROGRAMS AND SERVICES

Addiction Treatment Facilitation

Advocacy

Anger Management Groups

Clothing

Foot Care Clinic

Furnishings for Apartments

Housing Help

Identification Clinics

Individual Case Plans

Job Connections

Laundry Facilities

Life Skills Programs

Literacy Programs

Mailbox Centre

Medical Clinic

Needle Exchange Program

Outreach

Phone & Message Centre

Poetry Group

Relapse Prevention Groups

Referrals to Counselling

Short Story Group

Social & Recreational Programs

Storage Lockers

Supportive Housing Worker

Temporary Library Cards

Trustee Program

Yoga

YMCA Passes

Vaccination Clinics

Winter Coat Giveaway

"Our mission is to provide safe shelter, and to offer support and encouragement for the individual hopes and needs of people dealing with life issues."



Out of the Cold | Welcome Aboard | Between a Rock and a Hard Place



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